

Consent for Texting or Emailing

HIPAA regulations and my professional Code of Ethics both require that I keep your Protected Health Information (PHI) private and secure. Email and text are very convenient ways to handle administrative issues like scheduling and receipt requests, but it is not 100% secure. Some of the potential risks you might encounter if we email or text include:

- Incorrect delivery of email or text to a mistyped addressed or phone number
- Email accounts can be "hacked," giving 3rd party access to email content and addresses.
- Email providers (e.g., Gmail, Comcast, Yahoo, etc.) keep a copy of each email on their servers, where it might be accessible to employees, etc.

For these reasons, I WILL NOT use email or text to discuss clinical issues (i.e., the important and highly confidential things we talk about in session).

If you are comfortable doing so, I am happy to use email to handle small administrative matters like scheduling and billing.

If you are not comfortable with these risks, we can handle administrative issues via phone calls.

Please indicate your preference by checking A or B

A. I do consent to use of email/text for administrative matters.

B. I do not consent to use of email/text for administrative matters.

If consent has been given it may be revoked with the clients written instructions.

Client Signature

Date

Client Name